



1. Rumpum Chicken Soup Base

Ingredients:

Wheat flour, Iodised Salt, Chilli, Vegetable Oil, Onion, Garlic, Soya Sauce, Spices, Chickens, Eggs, Seafood, Monosodium Glutamate, Edible gum and permitted food additives.

2. Rumpum Vegetarian Soup Base

Ingredients:

Wheat Flour, Iodised Salt, Chilli, Vegetable Oil, Tomato Ketchup, Chilli Sauce, Soya Sauce, Spices, Monosodium Glutamate, Edible gum and permitted food additives.

Benefits

Vitamin A - needed for strong bones, good vision, and healthy skin.

Vitamin D3 - promotes bone formation and mineralization and is essential in the development of an intact and strong skeleton.

Calcium - an important component of a healthy diet and makes the bones and teeth strong and healthy.

Proteins - necessary for growth and tissue repair.

New Rumpum 75g Pack Nutritional information

- Calcium – 70 mg
- Fat – 14.25g
- Vitamin A – 100IU/4gm oil
- Vitamin D3 – 8IU/4gm oil
- Dietary Fiber – 0.6g
- Protein – 9g
- Carbohydrate – 48.75g
- Calorie – 359.25 Kcal

